

# Menstrual disorders

CHI Formulary Treatment algorithm

Treatment algorithm- October 2023

Supporting treatment algorithms  
for the clinical management of  
menstrual disorders

Figures 1 and 2 outline a comprehensive treatment algorithm on **the management of menstrual disorders** aimed at addressing the different lines of treatment after thorough review of medical and economic evidence by CHI committees.

For further evidence, please refer to CHI **Menstrual disorders** full report. You can stay updated on the upcoming changes to our formulary by visiting our website at <https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/IDF.aspx>

Our treatment algorithm offers a robust framework for enhancing patient care and optimizing treatment outcomes across a range of treatment options, holding great promise for improving healthcare delivery.

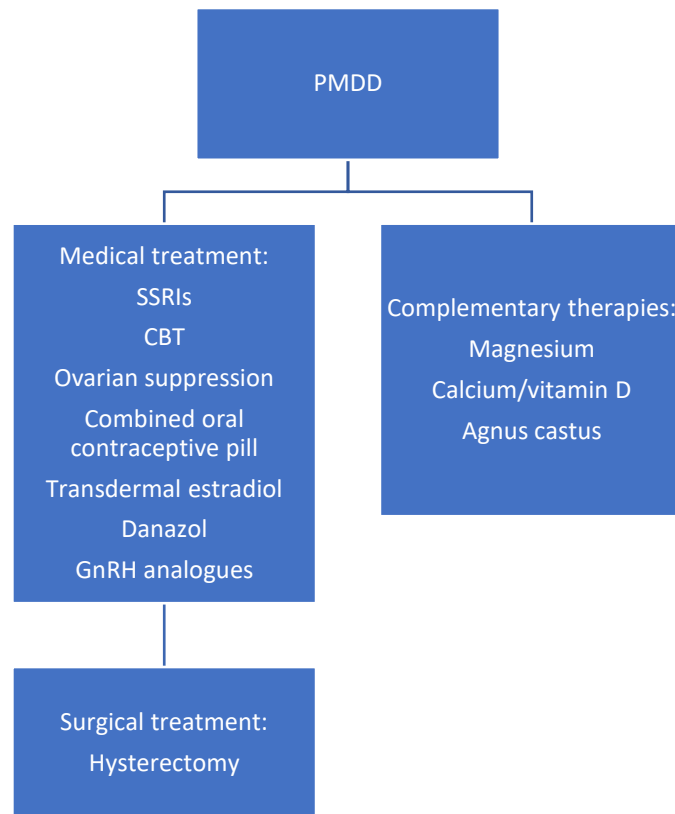


Figure 1: PMDD treatment algorithm

<sup>1</sup> The Society Of Obstetricians And Gynecologists Of Canada (SOGC) Clinical Practice Guideline 2018

<sup>2</sup> The American College Of Obstetricians And Gynecologists (ACOG) Guidelines 2021